



Swasthum®

CIN No- U46909DL2015PTC289013

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Sample : GM Nutrition Load Pre Workout 300g (Cola)

Report No. : SGF-150925047

Received on : 15/09/2025

Ref. No. : Nil

Ref. Date : 15/09/2025

Batch No.

Mfg.Date

Exp.Date

Batch Size

Sample Qty.:

GPC0925

15/09/2025

14/09/2027

NS

250 g

Analysis Started Date : 15/09/2025

Analysis Completed Date : 19/09/2025

Reference to protocol : In House Specification

| S.No. | PARAMETERS/TEST | RESULTS/OBSERVATIONS | | LIMITS/SPECIFICATION | |
|----------------------|-----------------|-------------------------|-------------|----------------------|--------|
| 1 | Description | Off white colour powder | | | |
| 2 | Assay | Each 12 g contains:- | | | |
| COMPOSITION | | RESULTS | LABEL CLAIM | LIMITS | METHOD |
| Energy | | 2.9 kcal | 2.8 kcal | -- | SE-020 |
| Protein | | 0 g | 0 g | -- | SP-038 |
| Carbohydrates | | 0.8 g | 0.7 g | -- | SC-051 |
| Total Sugar | | 0 g | 0 g | -- | SS-051 |
| Added Sugar | | 0 g | 0 g | -- | SS-051 |
| Total Fat | | 0 g | 0 g | -- | SF-043 |
| Cholesterol | | 0 g | 0 g | -- | SC-065 |
| Sodium | | 100.6 mg | 100 mg | -- | SS-074 |
| Potassium | | 150.5 mg | 150 mg | -- | SP-083 |
| L-Citruline | | 5.3 g | 5 g | -- | SC-029 |
| Beta Alanine | | 4.1 g | 4 g | -- | SB-092 |
| Caffiene | | 200.4 mg | 200 mg | -- | SC-075 |
| L-arginine | | 600.3 mg | 600 mg | = | SA-071 |
| Black Pepper Extract | | 3.4 mg | 3 mg | -- | SB-058 |



Report : In the opinion of the undersigned the sample referred to above is of STANDARD QUALITY as defined in the Act and the rules made thereunder for the reason given below.

SWASTHUM WELLNESS PRIVATE LIMITED.
Reg. Office:- A-43, NARESH PARK, NANGLOI, NEW DELHI,
West Delhi, Delhi:- 110041 | Customer Care :- 9810821249
Web: www.swasthum.com | Email:- accounts@swasthum.com