



# Swasthum®

CIN No- U46909DL2015PTC289013

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Sample : GM Nutrition High Quality Isolate Chocolate Plus 2lbs

Report No. : SGF-140226027

Received on : 16/02/2026

Ref. No. : Nil

Ref. Date : 16/02/2026

Batch No.

Mfg.Date

Exp.Date

Batch Size

Sample Qty.:

GC02

14/02/2026

13/02/2028

NS

250 g

Analysis Started Date : 16/02/2026

Analysis Completed Date : 19/02/2026

Reference to protocol : In House Specification

S.No.	PARAMETERS/TEST	RESULTS/OBSERVATIONS	LIMITS/SPECIFICATION		
1	Description	Light brown colour powder			
2	Assay	Each 30 g contains:-			
<b>COMPOSITION</b>		<b>RESULTS</b>	<b>LABEL CLAIM</b>	<b>LIMITS</b>	<b>METHOD</b>
	Energy	109.27 kcal	109.08 kcal	--	SE-020
	Protein	25.22 g	25.13 g	--	SP-038
	Carbohydrate	1.69 g	1.53 g	--	SC-051
	Total Sugar	ND, [DL-0.5]	0.09 g	--	SS-051
	Added sugar	ND, [DL-0.5]	0 g	--	SS-051
	Dietary Fiber	0 g	0 g	--	SF-043
	Total Fat	0.31 g	0.27 g	--	SF-075
	Saturated fatty acids	0.27 g	0.23 g	--	SF-075
	Trans Fats	ND, [DL-0.5]	0 g	--	SF-075
	Cholesterol	ND, [DL-0.5]	0 g	--	SC-065
	Sodium	8.8 mg	8.4 mg	--	SS-074
	Branched Chain Amino Acids	5.92 g	5.86 g	--	SB-083
	L-Glutamine	4.45 g	4.38 g	--	SG-054



**Report :** In the opinion of the undersigned the sample referred to above is of STANDARD QUALITY as defined in the Act and the rules made thereunder for the reason given below.

**SWASTHUM WELLNESS PRIVATE LIMITED.**  
Reg. Office:- A-43, NARESH PARK, NANGLOI, NEW DELHI,  
West Delhi, Delhi:- 110041 | Customer Care :- 9810821249  
Web: www.swasthum.com | Email:- accounts@swasthum.com



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Sample : GM Nutrition High Quality Isolate Coffee 2lbs

Report No. : SGF-140226028

Received on : 16/02/2026

Ref. No. : Nil

Ref. Date : 16/02/2026

Batch No.

Mfg.Date

Exp.Date

Batch Size

Sample Qty.:

GWCC02

14/02/2026

13/02/2028

NS

250 g

Analysis Started Date : 16/02/2026

Analysis Completed Date : 19/02/2026

Reference to protocol : In House Specification

S.No.	PARAMETERS/TEST	RESULTS/OBSERVATIONS		LIMITS/SPECIFICATION	
1	Description	off white colour powder			
2	Assay	Each 30 g contains:-			
COMPOSITION		RESULTS	LABEL CLAIM	LIMITS	METHOD
Energy		108.034 kcal	108.018 kcal	--	SE-020
Protein		26.2 g	25 g	--	SP-038
Carbohydrate		1.72 g	1.68 g	--	SC-051
Total Sugar		ND, [DL-0.5]	0.09 g	--	SS-051
Added sugar		ND, [DL-0.5]	0 g	--	SS-051
Dietary Fiber		0 g	0 g	--	SF-043
Total Fat		0.17 g	0.15 g	--	SF-075
Saturated fatty acids		0.14 g	0.12 g	--	SF-075
Trans Fats		ND, [DL-0.5]	0 g	--	SF-075
Cholesterol		ND, [DL-0.5]	0 g	--	SC-065
Sodium		6.92 mg	6.84 mg	--	SS-074
Branched Chain Amino Acids		5.92 g	5.73 g	--	SB-083
L-Glutamine		4.45 g	4.37 g	--	SG-054



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Sample : GM Nutrition High Quality Isolate Chocolate Plus 4lbs

Report No. : SGF-140226029

Received on : 16/02/2026

Ref. No. : Nil

Ref. Date : 16/02/2026

Batch No.

Mfg.Date

Exp.Date

Batch Size

Sample Qty.:

GC026

14/02/2026

13/02/2028

NS

250 g

Analysis Started Date : 16/02/2026

Analysis Completed Date : 19/02/2026

Reference to protocol : In House Specification

S.No.	PARAMETERS/TEST	RESULTS/OBSERVATIONS		LIMITS/SPECIFICATION	
1	Description	Light brown colour powder			
2	Assay	Each 30 g contains:-			
COMPOSITION		RESULTS	LABEL CLAIM	LIMITS	METHOD
Energy		109.27 kcal	109.08 kcal	--	SE-020
Protein		25.22 g	25.13 g	--	SP-038
Carbohydrate		1.69 g	1.53 g	--	SC-051
Total Sugar		ND, [DL-0.5]	0.09 g	--	SS-051
Added sugar		ND, [DL-0.5]	0 g	--	SS-051
Dietary Fiber		0 g	0 g	--	SF-043
Total Fat		0.31 g	0.27 g	--	SF-075
Saturated fatty acids		0.27 g	0.23 g	--	SF-075
Trans Fats		ND, [DL-0.5]	0 g	--	SF-075
Cholesterol		ND, [DL-0.5]	0 g	--	SC-065
Sodium		8.8 mg	8.4 mg	--	SS-074
Branched Chain Amino Acids		5.92 g	5.86 g	--	SB-083
L-Glutamine		4.45 g	4.38 g	--	SG-054



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Sample : GM Nutrition High Quality Isolate Coffee Cafe 4lbs

Report No. : SGF-140226030

Received on : 16/02/2026

Ref. No. : Nil

Ref. Date : 16/02/2026

Batch No.

Mfg.Date

Exp.Date

Batch Size

Sample Qty.:

GWC026

14/02/2026

13/02/2028

NS

250 g

Analysis Started Date : 16/02/2026

Analysis Completed Date : 19/02/2026

Reference to protocol : In House Specification

S.No.	PARAMETERS/TEST	RESULTS/OBSERVATIONS		LIMITS/SPECIFICATION	
1	Description	off white colour powder			
2	Assay	Each 30 g contains:-			
COMPOSITION		RESULTS	LABEL CLAIM	LIMITS	METHOD
Energy		108.034 kcal	108.018 kcal	--	SE-020
Protein		26.2 g	25 g	--	SP-038
Carbohydrate		1.72 g	1.68 g	--	SC-051
Total Sugar		ND, [DL-0.5]	0.09 g	--	SS-051
Added sugar		ND, [DL-0.5]	0 g	--	SS-051
Dietary Fiber		0 g	0 g	--	SF-043
Total Fat		0.17 g	0.15 g	--	SF-075
Saturated fatty acids		0.14 g	0.12 g	--	SF-075
Trans Fats		ND, [DL-0.5]	0 g	--	SF-075
Cholesterol		ND, [DL-0.5]	0 g	--	SC-065
Sodium		6.92 mg	6.84 mg	--	SS-074
Branched Chain Amino Acids		5.92 g	5.73 g	--	SB-083
L-Glutamine		4.45 g	4.37 g	--	SG-054



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